



# FOR OUR HEALING SPIRIT

## CRAFTING CALMNESS CIRCLE



**Every Thursday**  
**Starting October 10**  
12:00 PM - 1:00 PM



**Raven Room (3rd Floor)**  
400 Willoughby Ave.  
Juneau, Alaska

Join Tlingit & Haida's Community & Behavioral Services (CBS) Healing Center for a crafting calmness circle, Haa TuwunÁagu Yis · Gáahlaand an íitl'aa ngíisdlaang (For Our Healing Spirit). The weekly circle is a safe place to work on craft projects, share and explore topics together.

*Bring Your Project & Join Us!*



**For more information, contact:**

**Community & Behavioral Services Healing Center**



HealingCenter@tingitandhaida.gov



907.463.7305